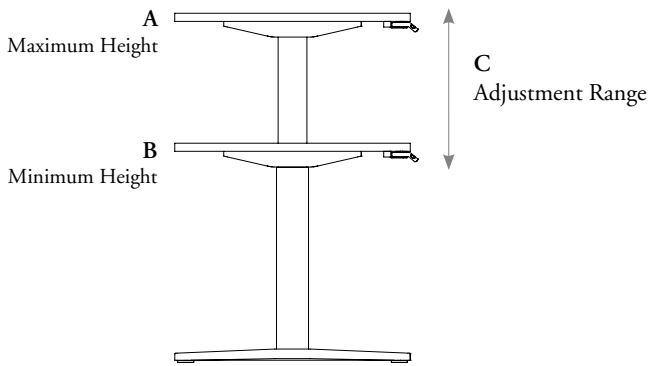


# Understanding Height-Adjustability

## sit/stand applications

- Can be easily adjusted to fit the individual and support multiple works styles
- Enables working in both seated and standing postures, supporting neutral postures, movement and comfort preferences throughout the work day



Rectangular Height-Adjustable Worksurface for Navigate with Height Adjustable Freestanding Table Base Only shown

## sit/sit and sit/stand ranges: where do they come from?

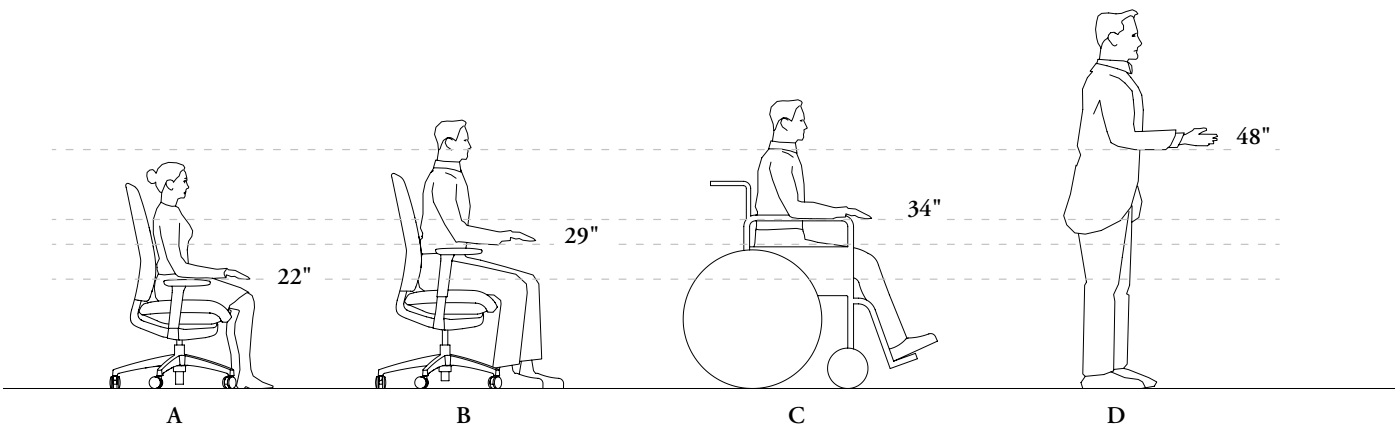
1. Sources: BIFMA G1-2013 Ergonomics Guidelines
2. Americans with Disabilities Acts

Sit / Sit = 22" - 34"

Sit / Stand = 22" - 48"

- (A) 5th percentile female seated elbow height (22")
- (B) 95th percentile male seated elbow height (29")
- (C) 95th percentile male seated elbow height in a wheelchair (34")
- (D) 95th percentile male standing elbow height (48")

The values shown are provided with tolerances (+/-1") as these dimensions change over time. Our goal is to accommodate as many users as possible.



# Height-Adjustment Range

The following chart outlines the weight capacity, adjustment range and power consumption for each height adjustable table mechanism.

	Weight Capacity	Maximum Height (A)	Maximum Height (B)	Adjustment Range (C)	Split Surface (if applicable)		Power Consumption (Moving from sit to stand)			
					Keyboard Support Height Range (D)	Keyboard Support Tilt Range (E)	Stand by Power	Worksurface Only (Assumes 30" x 60")	Work-surface + 200 lbs	
<b>Navigate Base Mechanisms (Heights when using 1" top)</b>										
(1X) Counterbalance Lower Edition (26.5"-43.5")	150 lbs*	43.5"	26.5"	16"	–	–	–	–	–	
(1S) Counterbalance Standard (29.5"-49.5")	150 lbs*	49.5"	29.5"	20"	–	–	–	–	–	
(7S) Standard Range Electric(27"-43")	200 lbs**	43"	27"	16"	–	–	0.1 W	150 W	250 W	
(9C)Extended Range Electric- Restricted Height (25"-48.7")	200 lbs**	48.7"	25"	23.7"	–	–	0.1 W	150 W	250 W	
(9E)Extended Range Electric- Extended Height (22.6"-48.7")	200 lbs**	48.7"	22.6"	26.1"	–	–	0.1 W	150 W	250 W	
<b>Navigate Complete tables</b>										
Height-Adjustable Extended Corner Complete Table	7S	43"	27"	16"	–	–	0.1W	150W	250W	
	9E	300 lbs**	48.7"	22.6"						26.1"
Height-Adjustable Meeting Table (7S)	7S	200 lbs**	43"	27"	16"	–	–	0.1W	180W	250W
<b>Complements</b>										
Extended Range Electric (9)	250lbs	46"	21.5"	24.5"	13" (+6/-7)	30° (+/-15°)	0.1W	150W	250W	
Electric Range Standard (7)	250 lbs	43"	27"	16"	13" (+6/-7)	30° (+/-15°)	0.1W	150W	250W	
Top Surface Crank (5)	100 lbs	34"	22"	12"	13" (+6/-7)	30° (+/-15°)	–	–	–	
Increment (3)	350 lbs	34"	22"	12"	13" (+6/-7)	30° (+/-15°)	–	–	–	
Counterbalance (1)	150 lbs	45"	27"	18"	13" (+6/-7)	30° (+/-15°)	–	–	–	
<b>hiSpace</b>										
Extended Electric (9)	200 lbs	50.5"	25.5"	25"	–	–	4.5W	170W	310W	
Under Worksurface Crank (6)	120 lbs	34"	22"	12"	–	–	–	–	–	

\* Minus the weight of worksurface

\*\* Weight Capacity already includes the weight of the worksurface. Can be increased to 300 lbs via customer request (CR) process.

Note: Average time of a sit to stand adjustment is less than 10 seconds.

All electric table travel speeds are rated to 1.5/sec unless otherwise noted.

# Understanding Height-Adjustable Tables

Complements offers three height-adjustable table collections, each with unique features.

Navigate is either built by selecting a worksurface and base or complete table (extended table and complete meeting table).

## navigate

The Navigate table provides the following features:

- Refined aesthetic with no visible fasteners
- Four switch options including a Display Toggle Switch with multiple finish choices

Two options available

- Worksurface and base specified separately
- Complete tables (extended and meeting tables)
- Collision detection is included with every electric table or electric base
- A wide variety of finishes and edge trim styles



## complements

The Complements table provides the following features

- A basic height-adjustable table
- Split worksurfaces
- Limited finishes

Available styles

- Base only
- Complete tables

Top styles

- Rectangular
- Corner



## hiSpace

The hiSpace table provides the following features

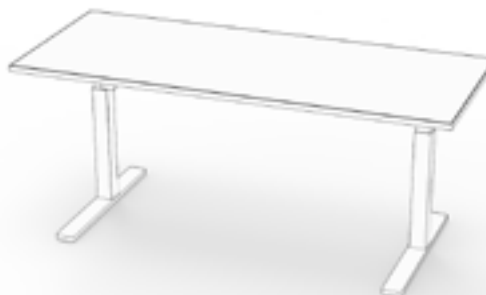
- A flexible height adjustable table with a universal telescopic frame
- Limited finishes

Two options available

- Base only
- Rectangular complete table

Top styles

- Rectangular



# What can you do with Height-Adjustable Tables

layout 01: workstation cluster



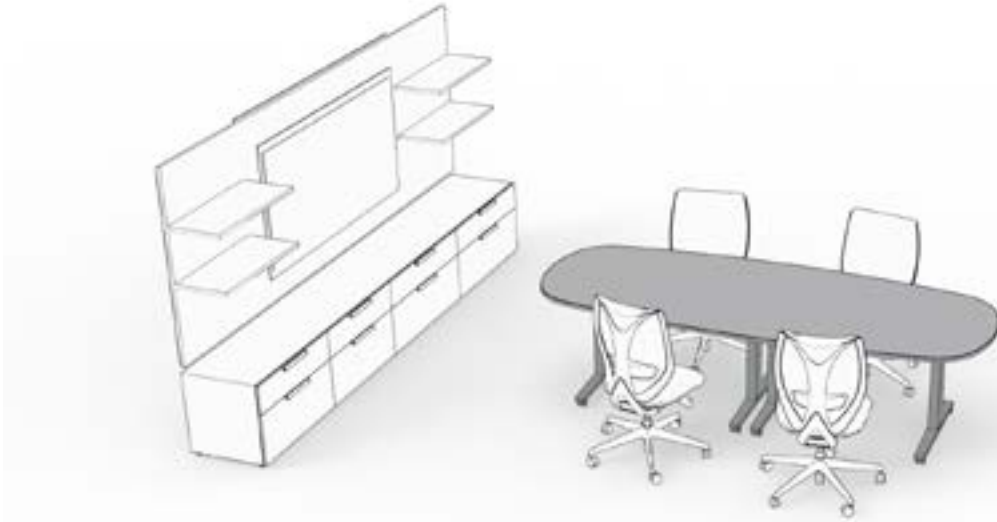
layout 02: design studio configuration



## What can you do with Height-Adjustable Tables (Continued)

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layout 03: meeting space configuration



layout 04: workstation cluster for extended tables

