**sit/stand applications**

- Can be easily adjusted to fit the individual and support multiple works styles
- Enables working in both seated and standing postures, supporting neutral postures, movement and comfort preferences throughout the work day

Rectangular Height-Adjustable Worksurface for Navigate with Height-Adjustable Freestanding Table Base Only shown

Sit / Sit = 22” - 34”
Sit / Stand = 22” - 48”

(A) 5th percentile female seated elbow height (22”)
(B) 95th percentile male seated elbow height (29”)
(C) 95th percentile male seated elbow height in a wheelchair (34”)
(D) 95th percentile male standing elbow height (48”)

The values shown are provided with tolerances (±1”) as these dimensions change over time. Our goal is to accommodate as many users as possible.
# height-adjustment range

The following chart outlines the weight capacity, adjustment range and power consumption for each height-adjustable table mechanism.

<table>
<thead>
<tr>
<th>Mechanism Description</th>
<th>Weight Capacity</th>
<th>Maximum Height (A)</th>
<th>Minimum Height (B)</th>
<th>Adjustment Range (C)</th>
<th>Split Surface (if applicable)</th>
<th>Keyboard Support Height Range (D)</th>
<th>Keyboard Support Tilt Range (E)</th>
<th>Power Consumption (Moving from sit to stand)</th>
<th>Worksurface Only (Assumes 30” x 60”)</th>
<th>Worksurface + 200 lbs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Navigate Base Mechanisms</strong> (Heights when using 1” top)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>(1X) Counterbalance Lower Edition (26 1/2”-43 1/2”)</td>
<td>150 lbs*</td>
<td>43 1/2”</td>
<td>26 1/2”</td>
<td>16”</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
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</tr>
<tr>
<td>(1S) Counterbalance Standard (29 1/2”-49 1/2”)</td>
<td>150 lbs*</td>
<td>49 1/2”</td>
<td>29 1/2”</td>
<td>20”</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(7S) Standard Range Electric (27”-43”)</td>
<td>200 lbs**</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td>–</td>
<td>–</td>
<td>0.1 W</td>
<td>150 W</td>
<td>250 W</td>
<td></td>
</tr>
<tr>
<td>(9C) Extended Range Electric- Restricted Height (25”-48 7/10”)</td>
<td>200 lbs**</td>
<td>48 7/10”</td>
<td>25”</td>
<td>23 7/10”</td>
<td>–</td>
<td>–</td>
<td>0.1 W</td>
<td>150 W</td>
<td>250 W</td>
<td></td>
</tr>
<tr>
<td>(9E) Extended Range Electric- Extended Height (22 3/5”-48 7/10”)</td>
<td>200 lbs**</td>
<td>48 7/10”</td>
<td>22 3/5”</td>
<td>26 1/10”</td>
<td>–</td>
<td>–</td>
<td>0.1 W</td>
<td>150 W</td>
<td>250 W</td>
<td></td>
</tr>
<tr>
<td><strong>Navigate Complete Tables</strong></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Height-Adjustable Extended Corner Complete Table</td>
<td>7S</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td>–</td>
<td>–</td>
<td>0.1W</td>
<td>150W</td>
<td>250W</td>
<td></td>
</tr>
<tr>
<td>Height-Adjustable Meeting Table (7S)</td>
<td>7S</td>
<td>48 7/10”</td>
<td>22 3/5”</td>
<td>26 1/10”</td>
<td>–</td>
<td>–</td>
<td>0.1W</td>
<td>150W</td>
<td>250W</td>
<td></td>
</tr>
<tr>
<td>hiSpace</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Extended Electric (9)</td>
<td>200 lbs</td>
<td>48 7/10”</td>
<td>22 3/5”</td>
<td>26 1/10”</td>
<td>–</td>
<td>–</td>
<td>0.2W</td>
<td>170W</td>
<td>310W</td>
<td></td>
</tr>
</tbody>
</table>

* Minus the weight of worksurface
** Weight Capacity already includes the weight of the worksurface. Can be increased to 300 lbs via customer request (CR) process.
Note: Average time of a sit to stand adjustment is less than 10 seconds.
All electric table travel speeds are rated to 1.5/sec unless otherwise noted.
Complements offers three height-adjustable table collections, Navigate, Complements and hiSpace, each with their own unique features.

Navigate Height-Adjustable Tables provide the following features:
- Refined aesthetic with no visible fasteners
- Up to five switch options including a Display Toggle Switch with multiple finish choices
- Collision detection is included with every Navigate Height-Adjustable Electric Table or Electric Base every hiSpace electric mechanism.

**navigate height-adjustable tables**
- Option of five types of base mechanisms including: electric and counterbalance
- One worksurface style:
  - Rectangular
- Worksurface finishes available:
  - Source Laminate, Foundation Laminate, Flintwood and Natural Veneer
- Power and undersurface cable management options available

**navigate height-adjustable extended corner and navigate height-adjustable gable leg complete tables**
- Option of two types of base mechanisms including: standard electric and extended electric
- Two worksurface styles:
  - Extended corner and rectangular
- Worksurface finishes available:
  - Foundation Laminate, Flintwood and Natural Veneer
- Power and undersurface cable management options available on the Navigate Height-Adjustable Gable Leg Complete Tables

**navigate 120 height-adjustable freestanding tables**
- Option of two types of base mechanisms including: standard electric and extended electric
- One worksurface style available:
  - 120°
- Worksurface finishes available:
  - Source Laminate, Foundation Laminate, Flintwood and Natural Veneer
- Power and undersurface cable management options available

**navigate height-adjustable meeting tables**
- Option of two base mechanisms: fixed height or standard electric
- Three worksurface styles:
  - Boat, Rectangular and Oval
- Worksurface finishes available:
  - Foundation Laminate, Flintwood and Natural Veneer
- Optional casters available
understanding height-adjustable tables (continued)

**hiSpace quick connect freestanding height-adjustable tables**

- HiSpace Quick Connect Height Adjustable Tables consist of two pieces ordered separately
  - Height-adjustable base
  - Worksurface with adjustable frame that easily connects to the base
- Base mechanism:
  - Extended Range Electric
- Option of two leg styles:
  - C-Leg
  - T-Leg
- Worksurface styles:
  - Rectangular
  - Rectangular with Radius Corners
- Worksurface finishes:
  - Foundation Laminate
- Cable Management option

**hiSpace quick connect height-adjustable round leg tables**

- Round Leg height-adjustable table matches the round leg aesthetic of Routes
- HiSpace Quick Connect Height-Adjustable Round Leg Tables are ordered with a worksurface with assembled frame that easily connects to the base on-site
- Base mechanism:
  - Extended Range Electric
- Two leg styles:
  - Round Leg
- Worksurface styles:
  - Rectangular
  - Rectangular with Radius Corners
- Worksurface finishes:
  - Foundation Laminate
- Edge Trim Finishes:
  - Matching trim
  - Routes edge trim finishes (see Routes Reference Guide for finish options)
- Cable Management option
understanding height-adjustable tables (continued)

hiSpace basic height-adjustable tables
- hiSpace Basic Height-Adjustable Tables are ordered as complete tables or base only and require assembly on-site
- Option of two base mechanisms:
  - Extended Range Electric
  - Fixed Height
- Two complete tables including base with worksurface:
  - Extended Range Electric Base with Rectangular worksurface
  - Extended Range Electric Base with Rectangular worksurface with Radius Corners
- Worksurface finishes available:
  - Foundation Laminate
- Cable Management option included
- Requires assembly

hiSpace basic 120 and extended tables
- hiSpace Basic 120 Tables are ordered as ordered with a worksurface that easily connects to the base and requires assembly on-site
- hiSpace Basic Extended Tables are ordered as complete tables
- Option of two base mechanisms:
  - Extended Range Electric
  - Fixed Height
- Worksurface finishes available:
  - Foundation Laminate
- Cable Management option included

hiSpace slide height-adjustable tables
- hiSpace Slide Height-Adjustable Tables are ordered as complete tables or base only and require assembly on-site
- Option of one base mechanism:
  - Extended Range Electric
- Two complete tables including base with worksurface:
  - Extended Range Electric Base with Rectangular worksurface
  - Extended Range Electric Base with Rectangular worksurface with Radius Corners
- Worksurface finishes available:
  - Foundation Laminate
- Cable Management (optional)
- Requires assembly
what can you do with height-adjustable tables

layout 01: workstation cluster

layout 02: design studio configuration
layout 03: meeting space configuration

layout 04: workstation cluster for extended tables
what can you do with height-adjustable tables (continued)

layout 05: 120 height-adjustable freestanding tables

layout 06: private workspace with height-adjustable round leg table