sit/stand applications

- Can be easily adjusted to fit the individual and support multiple works styles
- Enables working in both seated and standing postures, supporting neutral postures, movement and comfort preferences throughout the work day

sit/sit and sit/stand ranges: where do they come from?

1. Sources: BIFMA G1-2013 Ergonomics Guidelines
2. Americans with Disabilities Acts

Sit / Sit = 22” - 34”
Sit / Stand = 22” - 48”

(A) 5th percentile female seated elbow height (22”)
(B) 95th percentile male seated elbow height (29”)
(C) 95th percentile male seated elbow height in a wheel chair (34”)
(D) 95th percentile male standing elbow height (48”)

The values shown are provided with tolerances (+/-1”) as these dimensions change over time. Our goal is to accommodate as many users as possible.
The following chart outlines the weight capacity, adjustment range and power consumption for each height adjustable table mechanism.

<table>
<thead>
<tr>
<th>Height-Adjustable Mechanisms (Heights when using 1&quot; top)</th>
<th>Weight Capacity</th>
<th>Maximum Height (A)</th>
<th>Minimum Height (B)</th>
<th>Adjustment Range (C)</th>
<th>Split Surface (if applicable)</th>
<th>Power Consumption (Moving from sit to stand)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1X) Counterbalance Lower Edition (26.5&quot;–43.5&quot;)</td>
<td>150 lbs*</td>
<td>43.5&quot;</td>
<td>26.5&quot;</td>
<td>16&quot;</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(1S) Counterbalance Standard (29.5&quot;–49.5&quot;)</td>
<td>150 lbs*</td>
<td>49.5&quot;</td>
<td>29.5&quot;</td>
<td>20&quot;</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(7S) Standard Range Electric (27&quot;–43&quot;)</td>
<td>200 lbs**</td>
<td>43&quot;</td>
<td>27&quot;</td>
<td>16&quot;</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(9C) Extended Range Electric- Restricted Height (25&quot;–48.7&quot;)</td>
<td>200 lbs**</td>
<td>48.7&quot;</td>
<td>25&quot;</td>
<td>23.7&quot;</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(9E) Extended Range Electric- Extended Height (22.6&quot;–48.7&quot;)</td>
<td>200 lbs**</td>
<td>48.7&quot;</td>
<td>22.6&quot;</td>
<td>26.1&quot;</td>
<td>–</td>
<td>–</td>
</tr>
</tbody>
</table>

Navigate Complete tables

| Height-Adjustable Extended Corner Complete Table | 7S | 43" | 27" | 16" | – | – | 0.1W | 150W | 250W |
| Height-Adjustable Meeting Table (7S) | 7S | 43" | 27" | 16" | – | – | 0.1W | 150W | 250W |

Complements

| Extended Range Electric (9) | 250 lbs | 46" | 21.5" | 24.5" | 13° (+6/-7) | 30° (+/-15°) | 0.1W | 150W | 250W |
| Electric Range Standard (7) | 250 lbs | 43" | 27" | 16" | 13° (+6/-7) | 30° (+/-15°) | 0.1W | 150W | 250W |
| Top Surface Crank (5) | 100 lbs | 34" | 22" | 12" | 13° (+6/-7) | 30° (+/-15°) | – | – | – |
| Increment (3) | 350 lbs | 34" | 22" | 12" | 13° (+6/-7) | 30° (+/-15°) | – | – | – |
| Counterbalance (1) | 150 lbs | 45" | 27" | 18° | 13° (+6/-7) | 30° (+/-15°) | – | – | – |

hiSpace

| Extended Electric (9) | 200 lbs | 50.5" | 25.5" | 25" | – | – | 4.5W | 170W | 310W |

* Minus the weight of worksurface
** Weight Capacity already includes the weight of the worksurface. Can be increased to 300 lbs via customer request (CR) process.
Note: Average time of a sit to stand adjustment is less than 10 seconds.
All electric table travel speeds are rated to 1.5/sec unless otherwise noted.
Complements offers three height-adjustable table collections, each with unique features.

Navigate

The Navigate table provides the following features:
- Refined aesthetic with no visible fasteners
- Four switch options including a Display Toggle Switch with multiple finish choices

Two options available
- Worksurface and base specified separately
- Complete tables (extended and meeting tables)
- Collision detection is included with every electric table or electric base
- A wide variety of finishes and edge trim styles

Complements

The Complements table provides the following features
- A basic height-adjustable table
- Split worksurfaces
- Limited finishes

Available styles
- Base only
- Complete tables

hiSpace

The hiSpace table provides the following features
- A flexible height adjustable table with a universal telescopic frame
- Limited finishes

Two options available
- Base only
- Rectangular complete table
what can you do with height-adjustable tables

layout 01: workstation cluster

layout 02: design studio configuration
what can you do with height-adjustable tables (continued)

layout 03: meeting space configuration

layout 04: workstation cluster for extended tables