sit/stand applications

- Can be easily adjusted to fit the individual and support multiple works styles
- Enables working in both seated and standing postures, supporting neutral postures, movement and comfort preferences throughout the work day

Rectangular Height-Adjustable Worksurface for Navigate with Height-Adjustable Freestanding Table Base Only shown

sit/sit and sit/stand ranges: where do they come from?
1. Sources: BIFMA G1-2013 Ergonomics Guidelines
2. Americans with Disabilities Acts

Sit / Sit = 22” - 34”
Sit / Stand = 22” - 48”

(A) 5th percentile female seated elbow height (22”)
(B) 95th percentile male seated elbow height (29”)
(C) 95th percentile male seated elbow height in a wheel chair (34”)
(D) 95th percentile male standing elbow height (48”)

The values shown are provided with tolerances (±1”) as these dimensions change over time. Our goal is to accommodate as many users as possible.
The following chart outlines the weight capacity, adjustment range and power consumption for each height-adjustable table mechanism.

<table>
<thead>
<tr>
<th>Navigate Base Mechanisms (Heights when using 1” top)</th>
<th>Weight Capacity</th>
<th>Maximum Height (A)</th>
<th>Minimum Height (B)</th>
<th>Adjustment Range (C)</th>
<th>Split Surface (if applicable)</th>
<th>Power Consumption (Moving from sit to stand)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1X) Counterbalance Lower Edition (26.5”-43.5”)</td>
<td>150 lbs*</td>
<td>43.5”</td>
<td>26.5”</td>
<td>16”</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(1S) Counterbalance Standard (29.5”-49.5”)</td>
<td>150 lbs*</td>
<td>49.5”</td>
<td>29.5”</td>
<td>20”</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>(7S) Standard Range Electric (27”-43”)</td>
<td>200 lbs**</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td>–</td>
<td>0.1 W 150 W 250 W</td>
</tr>
<tr>
<td>(9C) Extended Range Electric - Restricted Height (25”-48.7”)</td>
<td>200 lbs**</td>
<td>48.7”</td>
<td>25”</td>
<td>23.7”</td>
<td>–</td>
<td>0.1 W 150 W 250 W</td>
</tr>
<tr>
<td>(9E) Extended Range Electric - Extended Height (22.6”-48.7”)</td>
<td>200 lbs**</td>
<td>48.7”</td>
<td>22.6”</td>
<td>26.1”</td>
<td>–</td>
<td>0.1 W 150 W 250 W</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Navigate Complete tables</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Height-Adjustable Extended Corner Complete Table</td>
<td>7S 9S</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Height-Adjustable Meeting Table (7S)</td>
<td>200 lbs**</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Complements</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Extended Range Electric (9)</td>
<td>250 lbs</td>
<td>46”</td>
<td>21.5”</td>
<td>24.5”</td>
<td>13” (+6/-7)</td>
<td>30° (+/-15°) 0.1W 150 W 250 W</td>
</tr>
<tr>
<td>Electric Range Standard (7)</td>
<td>250 lbs</td>
<td>43”</td>
<td>27”</td>
<td>16”</td>
<td>13” (+6/-7)</td>
<td>30° (+/-15°) 0.1W 150 W 250 W</td>
</tr>
<tr>
<td>Top Surface Crank (5)</td>
<td>100 lbs</td>
<td>34”</td>
<td>22”</td>
<td>12”</td>
<td>13” (+6/-7)</td>
<td>30° (+/-15°) – – – – – – – – – – – – – – – – – –</td>
</tr>
<tr>
<td>Increment (3)</td>
<td>350 lbs</td>
<td>34”</td>
<td>22”</td>
<td>12”</td>
<td>13” (+6/-7)</td>
<td>30° (+/-15°) – – – – – – – – – – – – – – – – – –</td>
</tr>
<tr>
<td>Counterbalance (1)</td>
<td>150 lbs</td>
<td>45”</td>
<td>27”</td>
<td>18”</td>
<td>13” (+6/-7)</td>
<td>30° (+/-15°) – – – – – – – – – – – – – – – – – –</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>hiSpace</th>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Extended Electric (9)</td>
<td>200 lbs</td>
<td>50.5”</td>
<td>25.5”</td>
<td>25”</td>
<td>–</td>
<td>0.2 W 170 W 310 W</td>
</tr>
</tbody>
</table>

* Minus the weight of worksurface
** Weight Capacity already includes the weight of the worksurface. Can be increased to 300 lbs via customer request (CR) process.
Note: Average time of a sit to stand adjustment is less than 10 seconds.
All electric table travel speeds are rated to 1.5/sec unless otherwise noted.
Complements offers three height-adjustable table collections, Navigate, Complements and hiSpace, each with their own unique features.

Navigate Height-Adjustable Tables provide the following features:
- Refined aesthetic with no visible fasteners
- Up to five switch options including a Display Toggle Switch with multiple finish choices
- Collision detection is included with every Navigate Height-Adjustable Electric Table or Electric Base every hiSpace electric mechanism.

navigate height-adjustable tables
- Option of five types of base mechanisms including: electric and counterbalance
- One worksurface style:
  • Rectangular
- Worksurface finishes available:
  • Source Laminate, Foundation Laminate, Seamless, Flintwood and Natural Veneer
- Power & undersurface cable management options available

navigate height-adjustable extended corner and navigate height-adjustable gable leg complete tables
- Option of two types of base mechanisms including: standard electric and extended electric
- Two worksurface styles:
  • Extended corner and rectangular
- Worksurface finishes available:
  • Foundation Laminate, Seamless (Extended Corner Table), Flintwood and Natural Veneer
- Power & undersurface cable management options available on the Navigate Height-Adjustable Gable Leg Complete Tables

navigate 120 height-adjustable freestanding tables
- Option of two types of base mechanisms including: standard electric and extended electric
- One worksurface style available:
  • 120 degree
- Worksurface finishes available:
  • Source Laminate, Foundation Laminate, Seamless, Flintwood and Natural Veneer
- Power & undersurface cable management options available

navigate height-adjustable meeting tables
- Option of two base mechanisms: fixed height or standard electric
- Three worksurface styles:
  • Boat, Rectangular and Oval
- Worksurface finishes available:
  • Foundation Laminate, Seamless, Flintwood and Natural Veneer
- Optional casters available
understanding height-adjustable tables (continued)

complements height-adjustable tables
- Option of five base mechanisms: Counterbalance, Increment, Top Crank, Standard Electric and Extended Electric
- Four worksurface styles:
  • Rectangular, Corner, Corner with Split Surfaces or Rectangular with Split Surface
- Workurface finish available:
  • Foundation Laminate
- Optional casters available

hiSpace height-adjustable tables
- Option of one base mechanism:
  • Extended Range Electric
- One worksurface style:
  • Rectangular
- Worksurface finishes available:
  • Source Laminate, Foundation Laminate or Seamless
- Cable Management options
what can you do with height-adjustable tables

layout 01: workstation cluster

layout 02: design studio configuration
what can you do with height-adjustable tables (continued)

layout 03: meeting space configuration

layout 04: workstation cluster for extended tables
what can you do with height-adjustable tables (continued)

layout 05: 120 height-adjustable freestanding tables

layout 06: home office with height-adjustable table